

## **Pacific County EMA Warns: The Heat Wave Continues**

### **Local News**

Posted by: Anonymous

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The National Weather Service (NWS) excessive heat warning remains in effect until 10 pm PDT Thursday. Today is expected to be another hot day with temperatures in the 105 to 110 degree range for the lowland. The coast range and cascades will also be hot with temperatures reaching 95 to 105 degrees. The weather will be less hot on Thursday, however, maximum temperatures will still be near 100 degrees. The South Bend City Hall will be acting as a cooling station during this excessive heat. If you need to cool off you're welcome to stop by during business hours between 7:30 am and 4:00 pm. They also have cold drinking water available. If you are aware of any other cooling station locations in the county, please contact Denise Rowlett, Deputy Director for the Pacific County Emergency Management Agency PO Box 101, South Bend, WA 98586 360-875-9338 Office [www.co.pacific.wa.us/pcema](http://www.co.pacific.wa.us/pcema)

In addition to the hot afternoons, little relief from the heat is expected overnight. With little to no cooling influence from the ocean and a somewhat humid air mass in place, nights will remain quite uncomfortable away from the coast. **Precautionary/Preparedness actions:** An excessive heat warning means that a prolonged period of dangerously hot temperatures will occur. The combination of hot temperatures and high humidity will combine to create a dangerous situation in which heat illnesses are likely. Drink plenty of fluids, stay in an air conditioned room, stay out of the sun, and check up on relatives and neighbors. For the most up to date weather information from the NWS please visit <http://www.weather.gov/portland>. This page brings up all advisories, watches, and warnings for the southwest Washington area.