

Harborcrest program at Grays Harbor Community Hospital dedicated to M.D. Bruce Worth

Local News

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ABERDEEN, Wash. - The behavioral health program located at Grays Harbor Community Hospital's East Campus was recently dedicated to R. Bruce Worth, M.D. after 30 years as Medical Director of the facility. The dedication took place on Thursday, September 19th, 2013. Originally opened in February of 1983 as the CareUnit at St. Joseph Hospital, this Chemical Dependency program delivers a comprehensive system of treatment specifically designed to meet the physical, mental, emotional and spiritual needs of the alcoholic or "chemically dependent" patient. "Chemically dependent" patients are defined as those with a condition in which the use of mood altering chemicals is associated with problems in any area of life, on a more or less continuing basis. The program currently offers group therapy sessions, one-on-one sessions with therapists, psychologists, and nursing staff as well as support programs for families and others affected by alcoholism. Worth has overseen this unit as the Medical Director since its opening in 1983. His interest in assisting those struggling with addiction grew when he learned of his own sister's announcement to their family that she was an alcoholic. What he once considered a temporary assignment turned into something more. He has remained Medical Director at HarborCrest through the present day.

Born Robert "Bruce" Worth in 1949, in Ann Arbor, Michigan, he spent his youth in Washington, D.C. and later Portland, Oregon. He remained in the state to study pre-med at the University of Oregon in Eugene and then attended medical school at the University of Oregon in Portland. He became an intern at the University of California, Los Angeles where he met his wife Bette. The two moved to Grays Harbor in 1980. He took over a family practice in Aberdeen at that time and was soon assigned Medical Director of HarborCrest, CareUnit at that time. In 2008, Worth was awarded Physician of the Year and he continues to serve the community through his family practice and HarborCrest. The R. Bruce Worth, M.D. Chemical Dependency Treatment Center at HarborCrest has a team of professionals dedicated to assisting with life changes that support long-term sobriety and a drug-free lifestyle. The program and its team have been nationally recognized as an excellent treatment option for those seeking help for their chemical dependencies. In 2012, Professional Research Consultants (PRC) awarded HarborCrest Behavioral Health with the honor of "Top Performer" for Overall Quality of Care of an Inpatient Behavioral Health Unit. This means that amongst other inpatient behavioral health units around the country, HarborCrest ranked the highest in customer satisfaction. ###

About Grays Harbor Community Hospital: Grays Harbor Community Hospital (GHCH) Aberdeen, Washington, is a comprehensive regional medical center providing quality care to a community of over 90,000 residents covering the 3,000 square miles of Grays Harbor and Pacific counties. Established in 1959 Grays Harbor Community Hospital is a 501c 3 nonprofit sole community hospital. Licensed for 140 beds; services including a level-three trauma designated emergency department, critical care unit, surgical services, and Family Birth Center. GHCH's outpatient services include diagnostic imaging, rehabilitation therapies, wound healing center, surgical services, and physician clinics. Learn more at www.ghchwa.org or www.twitter.com/ghcares.