Celebrate National Blood Donor Month, Become One

Local News

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ELMA, Wash. - Throughout the month of January, the American Red Cross celebrates the contributions of thousands of volunteer blood donors who give the gift of life with every blood donation. January has been designated National Blood Donor Month to raise awareness of blood donation during the time of year when blood supplies often fall to their lowest levels. Donations traditionally decline during the post-holiday season, due to busy schedules and inclement weather which can prevent people from keeping donation appointments. At the same time, the need for blood remains constant in the early months of the year.Giving blood is a way to support the community by helping to ensure that a stable inventory is available for premature babies, cancer patients, or the many people who suffer accidents and other illnesses which may require transfusions. National Blood Donor Month not only honors those who give blood each year, but is also a time to educate and encourage new donors about the importance of giving blood. Blood has a shelf life of only 42 days, and, therefore, must continually be replenished. Donors can give blood every 56 days, or up to six times a year.All eligible donors are asked to schedule an appointment to donate blood at a nearby center, which can be found here. http://www.redcrossblood.org/pnwin East Grays Harbor County, Summit Pacific Medical Center in Elma, 600 E Main St on Friday, January 25, 2013, from 8:00 AM to 1:00 PM by calling Lauren Day (360) 495-3244 or visit redcrossblood.org Sponsor Code: summitpacificmed.